Coverage for: Single + Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <u>www.meritain.com</u> or call (314) 384-1124. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For participating <u>providers</u> : \$5,000 person / \$10,000 family For non-participating <u>providers</u> : \$10,000 person / \$20,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. For participating <u>providers:</u> <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating <u>providers</u> : \$7,050 person / \$14,100 family For non-participating <u>providers</u> : \$14,100 person / \$28,200 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, preauthorization penalty amounts, balance billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a network provider?	Yes. See www.aetna.com/docfind/custom/my meritain or call (800) 343-3140 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .
Is a Health Savings Account (HSA) available under this <u>plan</u> option?	Yes.	An HSA is an account that may be set up by you or your employer to help you plan for current and future health care costs. You may make contributions to the HSA up to a maximum amount set by the IRS.



		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office	Primary care visit to treat an injury or illness	20% coinsurance	50% coinsurance	Includes telemedicine consultations by providers other than Teladoc. After
or clinic	<u>Specialist</u> visit	20% <u>coinsurance</u>	50% <u>coinsurance</u>	the deductible you pay 20% of the consult fee if you receive consultation services through Teladoc.
	Preventive care/screening/immunization	No Charge	50% <u>coinsurance</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	50% coinsurance	none
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization required for PET scans and non-orthopedic CT/MRI's. If you don't get preauthorization, benefits could be reduced by 50% up to \$250 maximum of the total cost of the service.
If you need drugs to treat your illness or	Generic drugs	20% <u>copay</u> (retail & mail order)	50% <u>copay</u> (retail)	Major medical <u>deductible</u> applies. Covers up to a 90-day supply (retail prescription); 90-day supply (mail order prescription); 30-day supply ( <u>specialty drugs</u> ). The <u>copay</u> applies per prescription. There is no charge or
condition  More information	Preferred brand drugs	20% <u>copay</u> (retail & mail order)	50% copay (retail)	
about <u>prescription</u> <u>drug coverage</u> is	Non-preferred brand drugs	20% <u>copay</u> (retail & mail order)	50% <u>copay</u> (retail)	
available at www.mysmithrx.com	Specialty drugs	20% <u>copay</u>	Not Covered	deductible for preventive drugs. Dispense as Written (DAW) provision applies. Specialty drugs must be obtained directly from the specialty pharmacy. Step therapy provision applies. Preauthorization required for injectables costing over \$2,000 per drug per month.

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)  Physician/surgeon fees	20% coinsurance 20% coinsurance	50% <u>coinsurance</u> 50% <u>coinsurance</u>	Preauthorization required for certain surgeries, including infusion therapy costing over \$2,000 per drug per month. If you don't get preauthorization, benefits could be reduced by 50% up to \$250 maximum of the total cost of the service.
If you need immediate medical attention	Emergency room care  Emergency medical transportation	20% coinsurance 20% coinsurance	20% coinsurance 20% coinsurance	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits.  Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits.
If you have a hospital stay	Urgent care Facility fee (e.g., hospital room) Physician/surgeon fees	20% coinsurance 20% coinsurance 20% coinsurance	50% coinsurance 50% coinsurance 50% coinsurance	Preauthorization required. If you don't get preauthorization, benefits could be reduced by 50% up to \$250 maximum of the total cost of the service.
If you need mental health, behavioral health, or substance abuse services	Outpatient services  Inpatient services	20% coinsurance 20% coinsurance	50% coinsurance 50% coinsurance	Includes telemedicine consultations by providers other than Teladoc.  Preauthorization required. If you don't get preauthorization, benefits could be reduced by 50% up to \$250 maximum
If you are pregnant	Office visits Childbirth/delivery professional services	20% <u>coinsurance</u> 20% <u>coinsurance</u>	50% <u>coinsurance</u> 50% <u>coinsurance</u>	of the total cost of the service.  Preauthorization required for inpatient hospital stays in excess of 48 hrs. (vaginal delivery) or 96 hrs. (c-section).
	Childbirth/delivery facility services	20% coinsurance	50% coinsurance	If you don't get <u>preauthorization</u> , benefits could be reduced by 50% up to \$250 maximum of the total cost of the service. <u>Cost sharing</u> does not apply to <u>preventive services</u> from a participating <u>provider</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby does not count toward the mother's expense; therefore

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				the family <u>deductible</u> amount may apply.
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Limited to 60 visits per year.  Preauthorization required. If you don't get preauthorization, benefits could be reduced by 50% up to \$250 maximum of the total cost of the service.
	Rehabilitation services	20% coinsurance	50% coinsurance	Physical, speech, occupational therapy
	Habilitation services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	& cardiac rehabilitation are limited to a combined maximum of 35 visits per year.
	Skilled nursing care	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Limited to 25 days per year.  Preauthorization required. If you don't get preauthorization, benefits could be reduced by 50% up to \$250 maximum of the total cost of the service.
	Durable medical equipment	20% coinsurance	50% <u>coinsurance</u>	Preauthorization required for electric/motorized scooters or wheelchairs and pneumatic compression devices. If you don't get preauthorization, benefits could be reduced by 50% up to \$250 maximum of the total cost of the service.
	Hospice services	20% coinsurance	50% <u>coinsurance</u>	Bereavement counseling is covered if received within 6 months of death. Inpatient services limited to 15 days per lifetime.
If your child needs	Children's eye exam	Not Covered	Not Covered	Not Covered
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered
	Children's dental check-up	Not Covered	Not Covered	Not Covered

#### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult & Child)
- Glasses (Adult & Child)

- Infertility treatment (except diagnosis)
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (except for home health care & hospice)
- Routine eye care (Adult & Child)
- Routine foot care (except for diabetes, metabolic or peripheral vascular disease)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care (20 visits per year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> or CGPP Management LLC at (314) 384-1124. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://example.com/Health\_Health\_Laborate.com/Hea

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or www.dol.gov/ebsa/healthreform or CGPP Management LLC at (314) 384-1124. Additionally, a consumer assistance program can help you file your appeal. Contact the North Carolina Department of Insurance, Health Insurance Smart NC at (855) 408-1212.

### Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$5,000
Primary care physician coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

## This EXAMPLE event includes services like:

Primary care physician visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

## Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$5,000
Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

# This EXAMPLE event includes services like:

Specialist office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,000
Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$12,700
	+ <b>,</b>

In this example, Peg would pay:

Cost Sharing	
Cost Stratting	
Deductibles	\$5,000
Copayments	\$0
Coinsurance	\$1,500
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$6,560

	Total Example Cost	\$5,600
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In this example, Joe would pay:

in this example, joe would pay:		
Cost Sharing		
Deductibles	\$5,000	
Copayments	\$0	
Coinsurance	\$80	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$5,100	

Total Example Cost	\$2,800

In this example, Mia would pay:

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Cost Sharing	
Deductibles	\$2,800
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: CGPP Management LLC at (314) 384-1124.